

IMPROVING RESIDENT RELATIONSHIPS IN LONG-TERM CARE (IRRL)

<http://citra.human.cornell.edu/irrl>



About The Program

The IRRL Program is a federally funded, evidence-based intervention to prevent resident-to-resident aggression (RRA) in long-term care settings. The program educates staff on how to recognize, manage, and report RRA. It empowers staff to help create a safer community for residents and reduce staff stress in the workplace.

Goals and Objectives

The IRRL Program trains staff to recognize aggression between residents and to know how to manage it. This training helps shed light on the prevalence and seriousness of RRA in order to improve the quality of life for long-term care residents.

Benefits

- Increases staff knowledge and confidence in resolving RRA incidents
- Reduces staff stress
- Improves the safety and quality of life for residents
- May reduce resident falls and injuries

Program Structure

The IRRL Program involves two in-service training sessions that take approximately 60 minutes each. These sessions educate staff to recognize, intervene, and report RRA in the facility. The interactive sessions include videos, discussions, and lectures.

Session 1:

Recognizing RRA

Session 2:

Managing and Reporting RRA



At No Cost to You

Through federal research grants, the IRRL Program materials (training manual, slides, videos) are available free of charge for long-term care providers to conduct the program in their own facilities.

Getting Started

The IRRL Program materials can be downloaded from our website. Those implementing it should have experience running educational programs. For more information, please contact CITRA at citrainfo@cornell.edu.



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